



**EMSWORTHFORUM**  
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# **Views of Emsworth Residents on the Future Use of the Former Emsworth Victoria Cottage Hospital Site**

**A Report from the Emsworth Forum**

**November 2015**

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## Introduction

At the time of writing this report discussions are being held between the Emsworth Surgery, South East Hampshire CCG and NHS Property Services Ltd (who own the site) about the development of a new Emsworth Surgery on the closed Emsworth Victoria Cottage Hospital site. To our knowledge no professional needs assessment has been done for this scheme and the business case relies on existing data from the surgery alone. No public consultation has taken place either and is currently planned by the CCG to happen in January 2016. Despite this, a Project Initiation Document will, we understand, be agreed very soon by the CCG and NHS Property services Ltd setting out the parameters of the development of this site.

Whilst everyone agrees that there is an urgent need for a new surgery in Emsworth, the previous survey the Emsworth Forum did in late 2014/early 2015 plus a public meeting we held in the summer this year showed that Emsworth residents needed more than a new surgery building. Dr Theo Schofield, OBE, who leads for the Forum on health and social care matters, and other community Leaders, have been trying as a consequence to persuade the Surgery and the local CCG to consider developing a more ambitious scheme than the one currently on the table. This has been rejected to date and the Officers of the Emsworth Forum felt that we had a duty to residents both now and in the future to check again the views and experiences of local residents before stepping back and allowing events to take their course.

This report summarises the results of the survey of Emsworth residents conducted by the Emsworth Forum between 13<sup>th</sup> October and 8<sup>th</sup> November 2015. The survey relates to options for the Emsworth Victoria Cottage Hospital produced by Aecom, a global firm of urban planners, who were asked by the Forum to offer proposals in a report on design options for North Street as part of the development of the Emsworth Neighbourhood Plan. (Their report can be found on the Emsworth Forum website). We asked residents if they would like just a surgery built on the site or a surgery plus community health space or the surgery plus housing.

In our view the results speak for themselves and demonstrate yet again the good sense and community spirit of people in Emsworth. We would like to thank everyone who took the time and trouble to reply with many thoughtful and considered comments.

We plan to share these findings with the Surgery, South East Hampshire CCG and Coastal West Sussex CCG, NHS Property Services, Hampshire County Council, Havant Borough Council, local MPs and community representatives and others. We hope that it will prompt those responsible for the development of the site to think again about what services are needed both now and in the future and to design a building that is fit for the future.

## **Executive Summary**

- Over 600 residents responded on line and in print to the survey
- 79% opted for a new surgery plus space for community healthcare services to be offered on the new site because of
  - Difficulties accessing health services in Oak Park
  - Congestion at Oak Park and local acute hospitals
  - Concerns about growth in the local population
  - Concerns about an ageing population
- Residents are keen to have the new surgery built as soon as possible in order to relieve the current pressures faced by the Emsworth Surgery. If funding was not available to expand services, or it would significantly delay the new surgery being built, then felt they could be added at a later date when funding had been raised.
- Many respondents stated that they would like to see part or all of the present building preserved in the new scheme – and that any new building should be a good design

## **Recommendations**

1. That a needs assessment be done as a matter of urgency on the current and future community health needs of Emsworth and its surrounding settlements taking into account forecasted growth in housing and the local population and changing demographic of the town as well as pressures on other acute and community health services in the area
2. That the development of a new surgery in Emsworth on the site of the should be progressed at pace that meets the anticipated needs identified in the needs assessment
3. That the South East Hampshire CCG engages with local community representatives as soon as possible in order to develop proposals that are likely to gain the active support of residents and ensure the success of the scheme.

## Background

The Emsworth Victoria Cottage Hospital was paid for and built by the Emsworth community and opened in 1898 as part of Queen Victoria's Diamond Jubilee celebrations. In 1948 it was taken over by the National Health Service and, by 1997, the hospital dealt with 400 in-patients, 1,800 outpatients and 500 minor accidents annually. It was closed in 2013 as part of a local re-organisation and its health services moved to Oak Park, 3 miles away in Havant, and other hospitals in the area.

In 2014, in response to the planned disposal by NHS Property Services of the Hospital site a Health Group was formed to press the case for a new surgery on the site (made up of representatives of the Emsworth Forum, the Emsworth Residents Association, Emsworth Community Association, the Friends of Emsworth Community Health - formerly the Friends of the Hospital who own the garden next to the site- the Patient Participation Group from Emsworth Surgery and Emsworth ward Havant Borough Councillors). To prevent the potential loss of the site to the community, the Friends of Emsworth Community Health applied successfully to have the site designated by Havant Borough Council as an Asset of Community Value, under the 2011 Localism Act. After these local objections, NHS Property Services quickly removed the site from sale and following discussions with the Emsworth Surgery, NHS England and South Eastern Hampshire Care Commissioning Group it was agreed that the site should be allocated for the development of a new NHS owned surgery, to replace the Emsworth Surgery, which is owned by the Practice.

The Emsworth Forum was designated a Neighbourhood Forum by Havant Borough Council in July 2014 under the Localism Act 2011. As part of the development of the Emsworth Neighbourhood Plan, the Emsworth Forum conducted a wide ranging open survey of residents between November 2014 and February 2015 covering various issues of importance to the town, including Health and Social Care services. A summary of the feedback we received can be found in Appendix 2. In addition during the summer of 2015 the Forum conducted a number of public meetings including one on health and social care, the findings of which are in Appendix 3. These exercises clearly showed that residents and patients in the town wished to see some of the community health services that had previously been provided at the hospital restored to the new surgery. Given the recent and planned housing and population growth in Emsworth, the growth of the surgery list, the ageing population in the town with a growth in chronic long terms conditions, and the transport issues experienced by patients this appeared to be worthy of exploration with all the parties relevant to the development of the new surgery. Dr Theo Schofield OBE, a recently retired GP, who leads on the health and social care workstream for the Emsworth Forum, made repeated attempts to discuss this with the Emsworth Surgery and gained the commitment of some support from the Friends. However, the Surgery stated repeatedly that they were against expanding the range of services to be provided in the new surgery on the grounds that it risked delay and withdrawal of NHS funding for the scheme.

In light of this situation, the Forum felt that it was duty bound to present the position we had reached to the local community and ask their views in order to guide the approach the Forum took going forward in its development of this part of the Neighbourhood Plan - which

affects a key site and essential service in the town. By coincidence with these deliberations, the Forum had commissioned the production of a report suggesting design options for North Street which many residents had indicated in our first survey and public meetings needed improvement and to be 're-connected' with the village centre. Produced by Aecom, a global firm of urban planners, and funded by DCLG as part of the development of the Emsworth Neighbourhood Plan, their report can be found on the Emsworth Forum website and is still open for feedback via a separate consultation. The report suggested, among other proposals, three options for the re-development of the Emsworth Victoria Cottage Hospital. Asking residents their views on these options therefore formed the basis of this survey.

## Methodology

The Forum circulated three emails to its membership of 360 residents and 30 organisations over the 3 ½ weeks of the survey period. The text of the emails is contained in appendix 1. They could respond via a purpose created portal operated by a specialist (Sentiment360) using an open ended question combined with two polls which can also be seen in appendix 1.

Nearly 5000 leaflets were delivered to households and in key sites in the village centre throughout the town. In addition the survey was promoted via the Forum twitter account and Facebook page and notices were placed on Emsworthmums and Streetlife. A press release was issued and received coverage in the Portsmouth News. They could either respond via the portal operated by Sentiment360 or in writing on the reverse of the leaflet which could be deposited at the Emsworth Library or the Community Centre. The written feedback and choices of those who responded in writing were input into the portal by a volunteer.

## Poll Results

At the time of writing there were 610 responses to the survey. 211 were in writing. The poll shows results as follows

Surgery Only	78	13%
Surgery & Community Health Space	480	79%
Surgery and Housing	18	3%
Other	20	3%
Uncategorised	14	2%

Live In Emsworth	539	88%
Live Near Emsworth	20	3%
Live Outside Emsworth	7	1%
Uncategorised	44	7%

## Issues Raised in Open Question by Option Preference

### Surgery and Community Health Space

79% of respondents opted for the new surgery to have new community health space. Their comments about this were as follows

- Urgency of getting the new surgery

*It is about time we got on with the surgery as many of us will be dead by the time it is ready for use. Please get on with it*

*My choice is the most desirable but the surgery development is urgent so any planning or funding delay must be avoided.*

*I would prefer to see the surgery plus community services but if there is any threat to losing funding for the surgery then I would prefer just the surgery.*

- Ageing population & growth in population with developments in Emsworth, Southbourne, Westbourne and eastern Havant

*This NHS property has been wasted an idle for far too long. Surgery and health services must be updates promptly to offer local services to an ageing population and prepare for considerable expansion of population in Emsworth, Southbourne, Westbourne and eastern Havant. The present surgery needs replacing with modern facilities in this central location between QA and St Richards.*

- Growth in the lists and demands on Doctors

*We need more Doctors who provide a service outside working hours. I work full time and have to take days off to see the Doctor.*

- The importance of having care locally saving long and difficult journeys for patients.

*I have to take 2 buses and walk to Oak Park diagnostic centre to have physio at 85. I find it difficult. By the time it is built I will have passed out of this world.*

*Havant is the nearest clinic. You can catch a bus and the 'access' the clinic on foot! Not everyone has money for taxis.*

*For community health the nearest alternative is too far away, over busy and difficult to get to by public transport – Oak Park centre.*

*There are a growing number of elderly people in Emsworth who are unable to drive anymore*



*I do not drive now. I have to go to Havant or QA for tests. Legs not good. Would like to see some clinics back as well as surgery space*

- The central location of the site in Emsworth
- The location of the site midway between Queen Alexandra and St Richard's hospitals relieving pressure on both

*This seems like an ideal opportunity to bring services to the community and relieve pressure on Havant & QA*

- Funding

*I don't understand why funding should be at risk*

*I am surprised that looking at community services would endanger NHS funding. Surely a facility like this can benefit the local population. If this is the case it is just another example of local and central government unwilling to put people first either in favour of making money or saving money!*

*Surely it is for the NHS to recognise local need and specify its requirements as part of the funding criteria. Notwithstanding it is not for the surgery to gainsay on the grounds of potential delay.*

*If finance is a concern, I see no reason why a fundraising campaign would not be successful. It worked before why not again?*

- Conflict of interests between the Doctors and the surgery

*'Whatever happens doctors are in a business and will be looking for a return on their investment, and it would be a shame if they had total control over the building'*

- Futureproofing the design of the building

*Any community use could be designed in as a further stage. It need not be built immediately. Indeed any fixed design in this day and age is silly. Flexible interiors are a must*

- Numerous respondents expressed a wish to retain the present building (or at least some of its façade) because of its historical and architectural merits

*The façade of the building should be saved and the bricks re-used. It is an old building and we would like to see some of it retained rather than a modern design with no character*

*I think that the existing building should be demolished except for possibly the entrance façade which could be integrated into the new building.*

- Design of the new surgery

*A building in keeping with Emsworth unlike the new Baptist church*

*The new building should be to the highest design on this prominent site and be a positive statement. The existing garden could be retained and incorporated into the scheme*

- The need for parking for patients and staff

Services respondents mentioned they would like to see in the new facility

- Physiotherapy
- X ray
- Retinopathy
- Blood clinic for tests
- Minor injuries unit
- Rehabilitation and convalescence
- Addiction and mental health services
- Podiatry
- Red Cross equipment hire
- midwifery

Some went further:

*'In my opinion the Victoria Hospital site should revert back to the purpose for which it was built. Accommodate patients after acute illness on discharge from the main hospital and prepare them for independent living, therefore freeing up beds in the main general hospital for ongoing admissions. X ray and physiotherapy department on site would benefit and relieve congestion at QA & St Richards's making their facilities more available'*

*Emsworth needs a walk-in type centre (similar to Mary's in Portsmouth) where GPs are available in normal hours but medical help is needed for emergencies and small injuries for extended hours 7 days a week (say 8am to 10pm each day). This centre could provide chiropody, nutrition, physio and similar support treatment during normal hours. Currently it is impossible to get medical help/treatment for acute problems that aren't serious enough to be treated in A&E but do require same day attention. The GP availability in Emsworth is dreadful, waiting up to 10 days to try and see a Doctor. Many of these appointments may be managed better in a 'health centre approach' where nurses and nurse practitioner could be used to relieve pressure on GPs*

A few respondents said they would be happy to see accommodation on site for healthcare workers

*If small flats could be provided for health care workers to rent – so much the better*

The layout of the Bosmere surgery was mentioned positively but

*The Bosmere surgery is much too far to travel when one has disabilities in winter and bad weather – especially for elderly people with no conveyance. I am 81 and have arthritis and bad knees*

### **Surgery Only**

13% of respondents opted for the scheme to be for the surgery only. The reasons given for that were

- **The urgency of having a new surgery** and a desire not to cause any delay by introducing new requirements to the scheme

*To introduce new requirement (despite the generosity of the Friends offer) will only complicate and delay matters*

*The waiting time to see your doctor was two or three days – now more like two to three weeks*

*It should be developed as soon as possible for the surgery and all that can be offered now – with opportunity to expand in response to future needs*

- **Inability to influence NHS decision making**

*We are in the hands of the Doctors and NHS and we have been told that the only real option on the table is to rebuild a modern surgery. There are a number of ideas that have been around for some time and I feel that unless we all get behind the surgery Emsworth will be left with an ageing and creaking practice for many years to come. This has been going on since 2004.*

- **Funding risk**

*The risk of losing NHS funding would place Emsworth in a bad position should this occur – we cannot afford to take that risk*

*I have had personal experience of this with a similar project where the funding for an £8m surgery development was nearly lost by interference from a well-meaning group of local people who had little idea how NHS funding worked. I was senior partner at*

*the time. It was a very close thing and we nearly lost all the funding which was 'time limited'*

- **Support for the Doctors**

*I back the Doctors all the way. Whatever they think is best ...gets my vote*

*I think it is very important to do what the doctors want. I cannot understand why you should even consider interfering with what has been a long and hard-fought battle for the Doctors to obtain the hospital for their surgery*

*We are extremely fortunate and well served with our Doctors and they should be left to decide what is in their best interests*

- **Underutilisation of Oak Park**

*We already have local community healthcare in Havant and the under-used Oak Park Centre ...it's the increase in housing that has stretched the practice to the state we find it in now*

#### **Other comments made were**

- Parking for staff and disabled people

*There should be as much free space for parking for staff and patients as possible*

- Green space
- Keeping the exterior of the building
- Need for a second practice

*Emsworth's population surely warrants more than one practice? Perhaps some health competition might go some way to improving the poor standards we have to contend with currently. I have no complaint about most of the individual staff but the sheer volume of work and the effect it has on their practices and procedures leaves the surgery sadly lacking and I am not sure a different building would correct that?*

#### **New Surgery and Housing**

Only 3% of respondents opted for surgery plus housing. Indeed many of those choosing other options made a point of saying they did not want housing on the site.

Those who were happy to see housing on the site did so for the following reasons

- To meet housing need

- To make the scheme economically viable
- To protect green spaces

*Every development site in Emsworth should include housing to meet need and protect green spaces from unnecessary development*

### **Uncategorised & Other**

5% of respondents did not choose one of the three options available in some cases because they did not feel they had enough information. Many of the comments made reflected issues raised in the previous sections with a few additional comments that are worth noting

### **Conclusion**

The volume and quality of the responses from residents demonstrates the great importance and concern that people in Emsworth have about the future of this site and GP and community healthcare services in Emsworth. There is real concern about the negative impact on quality of the demand pressures on the Emsworth practice currently, about the lack of space and poor quality of its environment and the certainty of that getting worse in future with anticipated growth in the local population due to new development in Emsworth and neighbouring settlements in east Havant, Westbourne Southbourne and Thorney Island. This will add to the pressure of the ageing demographic in the town. In addition a number of respondents, particularly the elderly, shared their personal difficulty with travelling to Oak Park, QA and St Richards for routine tests and treatments that could easily be delivered locally.

In light of these issues, residents are keen to see a new surgery built on the Hospital site as soon as possible and an overwhelming majority wanted to see more routine community health care services also provided in the town on that site too. However, there was significant concern from some respondents that earmarked funding might be at risk – as has been stated by the Practice - if the scope of the surgery development scheme was widened. This obstacle was addressed by others who suggested that extra service capability and space could be delivered in a subsequent phase of development of the site if necessary.

## **Appendix 1: Emails Circulated, Portal Pages and Leaflet Distributed**

**Email to Emsworth Forum Members Sent Tuesday October 13<sup>th</sup> 5.48pm**

### **Victoria Hospital Site: Tell Us What You Think**

Dear Emsworth Forum Member

We recently emailed you about proposals for improvements to North Street, which were developed by a global firm of urban designers, Aecom.

In our survey last year, and the public meetings we had this summer, many of you told us that you would like to see more services delivered from the new surgery when it is built on the Victoria hospital site. As a result, the Forum, with other community leaders, have been discussing with the Emsworth Surgery, and other NHS partners, the plans currently being developed for moving the Surgery to the hospital site. In those discussions, we suggested that the Surgery considers developing extra community healthcare space and services and the Friends of Emsworth Community Health (who own the land next to the hospital and have legacy funding) generously offered to support this proposal financially by covering the capital cost of the extra space. To our disappointment, the Surgery have rejected this proposal and offer of support and told us, in discussion, that this proposal would cause delay to the development of the new surgery and potentially put its NHS funding at risk. At this time, we have had no formal confirmation that this would be the case, and are continuing to attempt to engage constructively on your behalf with the relevant NHS bodies on the surgery development plans. While we wait for the funding position to be clarified by those NHS bodies, we would like to ask your view of the site development options that we believe could be available and how you think we should proceed.

The Aecom Report, commissioned by the Forum on how to improve North Street, included three possible options for the proposed development of the Victoria Hospital site:

Option 1 - develop a 2.5 storey building to house Emsworth Surgery only

Option 2 - develop a 3 storey building for Emsworth Surgery and space for community healthcare

Option 3 - develop a 3.5 storey building for Emsworth Surgery and space for housing.

Which, if any, of these options would you like to see? Would you be happy to see the site used for the surgery alone? Would you like there to be space for community services? Would you be happy for some of the site to be used for housing?

**Please tell us what you think by going to <http://www.sentiment360.com/emsworth-hospital/>**

**Please forward this email to anyone you think may be interested in this important issue for Emsworth.**

You can find the full AECOM report here  
<http://emsworthforum.com/wp-content/uploads/2015/09/150820-Emsworth-North-Street-AECOM-high-res3.pdf>




You can tell us what you think about the report as a whole here  
<http://www.sentiment360.com/emsworth/>

The AECOM report and their proposed plans and ideas can also be seen on the Forum website [www.emsworthforum.com](http://www.emsworthforum.com) and in the Emsworth Library and the Emsworth Community Association.

Two shorter reminder emails were sent Friday October 23<sup>rd</sup> and Monday Nov 2<sup>nd</sup>.



## Portal Pages

	<div><p>What do you think should happen to the Victoria Hospital site?</p><p><i>Write Response Here</i></p></div>	
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**What do you think should happen to the Victoria Hospital site?**

**Give your comment more value.**

Which best describes you and your answer?

*Write Response Here*

Surgery Only
Surgery and Community Health Space
Surgery and Housing
Other

**What do you think should happen to the Victoria Hospital site?**

**Do you live, own a business or work: near the site?**

Which best describes you and your answer?

*Write Response Here*

In Emsworth
Near Emsworth
Outside Emsworth





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## The leaflet distributed around Emsworth



**EMSWORTHFORUM**  
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### Victoria Hospital Site: Please Tell Us Your Views

Dear Emsworth Resident

The Emsworth Forum recently conducted a survey and held public meetings where we asked residents and businesses how you would like to see Emsworth develop in the future. One of the issues people raised was that you would like to see **more health and social care services delivered from the new surgery** to be built on the Victoria hospital site.

Discussions about construction of the new surgery have now started, so the Forum, with other community leaders, suggested to the Emsworth Surgery that extra community healthcare space and services are included in the proposed scheme. **The Friends of Emsworth Community Health (who own the garden next to the hospital) generously offered to cover the cost of the extra space.**

To our disappointment, **the Surgery have rejected this offer** and told us that the proposal would delay the development of the surgery and put its NHS funding at risk. At this time, we have had no formal confirmation that this would be the case, and we are attempting to discuss this with the relevant NHS bodies.

In the meantime, we would like to ask your view of the options that we believe could be available and how you think we should proceed. With government support, the Forum recently commissioned planning experts to produce a report on how we could improve North Street which included three options for the Victoria Hospital site:

- 1 - develop a 2.5 storey building to house Emsworth Surgery only**
- 2 - develop a 3 storey building for Emsworth Surgery and space for community healthcare**
- 3 - develop a 3.5 storey building for Emsworth Surgery and space for housing.**

Which, if any, of these options would you like to see? Please tell us, in confidence, what you think, by either

- 1. **Going online** to <http://www.sentiment360.com/emsworth-hospital/> or by
- 2. **Completing the form overleaf** and dropping it into the Library or the Emsworth Community Association in North Street.

**Thank you for taking the time to help us with this work.**

You can find out more about the work of the Emsworth Forum by visiting our website **[www.emsworthforum.com](http://www.emsworthforum.com)**.



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**Three possible options for the development of the new surgery have been proposed including additional community healthcare provision and housing**

*Which of the following would you best like to see?*

- ☐ Surgery Only
- ☐ Surgery and Community Health Space
- ☐ Surgery and Housing

*Do you live, own a business or work.....?*

- ☐ In Emsworth
- ☐ Near Emsworth
- ☐ Outside of Emsworth

*What do you think should happen to the Victoria Hospital site? (Your comments will remain anonymous)*

**JOIN THE FORUM** Receive updates and other regular information on issues that affect the town

Email

Title

First Name

Surname

Address

Company (optional)

Home Phone

Mobile

**Please drop this form into the Library or the Emsworth Community Association in North Street**  
**Alternatively sign up by visiting our website [www.emsworthforum.com](http://www.emsworthforum.com)**

The Emsworth Forum is run by volunteers. If you would like to get involved and help please contact Sue Fricker, our Volunteer Co-Ordinator on 02392 430216 or by email on [frickerspost@hotmail.com](mailto:frickerspost@hotmail.com)

If you would like to make a donation to the Forum please contact  
Jan Morgan our Treasurer on [aurora20@virginmedia.com](mailto:aurora20@virginmedia.com)

## **Appendix 2: Summary of Results of 2014 Emsworth Forum survey on health and social care needs in Emsworth**

### **Survey Feedback Health & Social Care**

- Support for the Emsworth Surgery and for the need for a new surgery.
- Some concerns about access and coordination of services.
- A wish for a wider range of community health and social services to be available in Emsworth

## **Appendix 3: Summary of key points from Emsworth Forum public meeting on health and social care**

### **Health, Well-Being and Social Care workshop - 24th June 2015**

People agreed with the findings of the recent Forum Survey

#### **Surgery**

- Strong support for the move of surgery to the hospital site in a building providing only health and social care. This must be accessible and central. There was little support to retain the existing hospital building;
- There is a critical need for the development of services to keep pace with population growth of the town, possibly with a further satellite surgery as growth takes place in the North of the town and an increase in GPs;
- There is a need for better access to other additional medical services to be co-located with the new surgery in addition to GP surgery, including:
- Blood clinic, X-ray, Podiatry/chiropractic, Physiotherapy, Baby weigh-in, Family planning, Minor injuries clinic (with transport provision), CT scanners
- Provision for access to visiting consultants was also proposed;
- There is a need for a local store for health aids and equipment (as provided by British Red Cross previously);
- Other support services should also be available, including:
- Stroke rehab clinic
- Dementia support
- Meeting room for public health education;
- Modern telecommunications allow the provision of remote diagnostic services with video streaming of images from Emsworth health centre for more distant medical diagnosis and support. There is a need for training in the older population of how to use telehealth if it is to be introduced.

#### **Oak Park**

- Access to Oak Park was seen as problematic given lack of public transport;
- However people were not aware that there is a volunteer car service run from the surgery.

**Post-hospital Care**

- Need for provision post-release from hospital, with rehab services locally and the provision of respite care beds, possibly on a small scale in existing or planned nursing homes;
- In order to reduce long hospital stays, provision of care in the home should be encouraged. This could be part of a social enterprise scheme;
- Community social support while in hospital suggested and care in the community careers;
- Services should also be joined up for ease of move to local services after hospitalisation.

**Care in the Community**

- Community nursing should be local based;
- Both respite care and support for carers need more attention;
- Community support is important;
- Publicity needed for defibrillators in Emsworth including one to be accessible 24/7;
- Publicity needed for information about 'non-GP' services to deal with illness and health issues and health education e.g. the use of local pharmacies rather than GP visits. Talks to be put on by the patient participation group about health issues;
- Concerns were raised about nursing levels within the community.

**Promoting Good health**

- Need encouragement for individuals to take responsibility, including diet and exercise;
- Focus needs to be on all parts of the community, given the use of technology for leisure by young people;
- Community volunteers were seen as more important than professionals in this role;
- Mental health support was seen as a part of health promotion and linked back to activities and social support. Emotional mentors suggested;
- Walking and cycling seen as central, which will require better facilities for cyclists. Cycle paths must be improved in order to encourage this (as seen currently in Havant Road);
- Walking to shops to be more encouraged if shops could be persuaded to provide a delivery service or trolley borrowing service. This will also free up parking space;
- An outdoor exercise area should be provided and other health facilities as seen in Westbourne;
- Community-centred exercise events such as a half-marathon or cycling event organised in many other towns across the country could make a real contribution for all ages;
- HALO (Havant Area Leisure Organisation) commended;
- Must remember that although Emsworth is generally seen as an affluent community there are real pockets of deprivation which may need more support and these areas should not be overlooked;
- Healthy eating should be better promoted, with focus on children. The educational role of Tuppenny Barn and similar organisations is vital;

- Emsworth has a lot of activities going on which promote wellbeing but these must be publicised so that people are encouraged to attend;
- There is a need to encourage mobility in the elderly population in Emsworth safely and effectively;
- There needs to be improved facilities for young people including youth clubs and sport clubs;
- Encourage movement between the young and the old and harness the community spirit;
- Health promotion needed: diet, exercise and stress. Promotion could be provided by professionals and volunteers via the local news letters e.g. Shoreline or the Ems or other media such as flyers;
- A range of people involved in health promotion is thought to more effective than only those from the medical profession;
- Education of parents on how to manage their children's video game usage and encourage physical activity.

#### **Appendix 4: Emsworth Forum and Neighbourhood Planning**

The Emsworth Forum is an approved Neighbourhood Forum designated under the Localism Act 2011. The Forum brings together local residents, businesses and community organisations to develop a Neighbourhood Plan for the future development of Emsworth.

The Forum aims

- To promote the social, economic and environmental well-being of Emsworth and promote sustainable development, environmental improvement, conservation and high quality built environment and design;
- To improve Emsworth for the benefit of its residents, and protect the character of the area
- To prepare in partnership with the local planning authority a Neighbourhood Plan for the area, or in partnership with other forums in any wider area

The Emsworth Neighbourhood Plan will be discussed and agreed with local people and organisations and will reflect our vision and aspirations. The Plan will be put to a Referendum of all registered electors in Emsworth ward and, once approved, will form part of the statutory planning guidelines that developers and the Planning Authority have to take into account when deciding on planning applications.

The Forum has a membership of

- 490 Residents
- Elected Havant Borough Council members for Emsworth
- 35 Business or community organisations in Emsworth including the Emsworth Business Association, Emsworth Residents Association and Emsworth Community Association

The Forum is run by a Committee of volunteers. Its business is conducted by volunteers except where goods and services are not available for free. It has received many generous donations by local residents and businesses and receives central government funding from DCLG for some of its neighbourhood planning activities.

You can join or find out more about the Emsworth Forum from our website [www.emsworthforum.com](http://www.emsworthforum.com). You can also follow the Forum on its Facebook page or twitter @Emsworth\_Forum.